

Position	Name	Club		Time
1	Ellis Bland	Bowland Fell Runners		31.32
2	Rob Hope	Pudsey and Bramley AC	V40*	31.51
3	Alistair Palmer	Preston Harriers		33.41
4	Stephen Shorrocks	Barlick Fell Runners	V40	35.01
5	Robert Green	Achille Ratti CC		35.05
6	Charlie Parkinson	Rossendale Harriers	U23*	35.09
7	Dave Kirkham	Wharfedale Harriers	V40	35.3
8	Will Herman	Clayton-le-Moors Harriers	V40	35.49
9	Daniel Miller	Billinge Running Club		36.02
10	John Horrocks	U/A		36.18
11	Paul Crabtree	Wharfedale Harriers	V50*	36.21
12	Dominic Raby	Chorley AC	V50	36.36
13	David Bagot	Clayton-le-Moors Harriers		37.53
14	Dan Gilbert	Horwich RMI Harriers	V40	38.04
15	Mark Horrocks	Barlick Fell Runners	V50	38.25
16	William Golding	Bowland Fell Runners		38.28
17	James Barsby	Mearley Runners		38.29
18	Mark Whittaker	Clayton-le-Moors Harriers	V50	38.36
19	Brian Shaw	Darwen Dashers	V50	38.38
20	Stephen Smithies	Calder Valley Fell Runners	V50	38.42
21	Tom O'Gorman	Bowland Fell Runners	U23	39.02
22	Dom Howell	Clayton-le-Moors Harriers	V40	39.05
23	Angus Frank Bigmore	U/A	U23	39.14
24	Chris Snell	Clayton-le-Moors Harriers	V40	39.26
25	Andy Cottam	Preston Harriers	V40	39.34
26	Guy Playton	Skipton AC	V40	39.43
27	Darren Fishwick	Chorley AC	V50	39.49
28	Paul Needham	Trawden AC	V50	39.57
29	Chris Banks	Newburgh Nomads		40.06
30	William Gaffney	U/A		40.08

	31	John Griffiths	Preston Harriers	V50	40.16
	32	Matt Bourne	Bowland Fell Runners	V50	40.17
	33	Gareth Davies	Darwen Dashers	V40	40.22
	34	Michael Toman	Rossendale Harriers	V50	40.27
	35	Craig Stansfield	Rossendale Harriers	V50	41
36 (lady 1)		Jenni Boocock	Bingley Harriers	L*	41.02
	37	Thomas Mather	U/A		41.05
	38	Mike Bigmore	U/A	V50	41.23
	39	Marcel Ellison	Rossendale Harriers	V40	41.29
	40	Nigel Barnes	Garstang AC	V50	41.35
	41	Mark Wharton	Calder Valley Fell Runners	V50	41.43
	42	Tom Brown	Preston Harriers		41.54
	43	Ralph Baines	Clayton-le-Moors Harriers	V50	42.08
	44	Paul Taylor	Darwen Dashers	V50	42.12
45 (lady 2)		Deborah Gowans	Todmorden Harriers	LV50*	42.33
	46	James Gaffney	Mearley Runners		42.41
	47	Ian Dermott	Billinge	V50	42.48
	48	Simon Taylor	Darwen Dashers	V40	43.02
	49	Graham Schofield	Horwich RMI Harriers	V60*	43.1
	50	Alan Life	Clayton-le-Moors Harriers	V50	43.2
	51	Andy Haines	Holcombe Harriers	V40	43.23
52 (lady 3)		Lisa Parker	Rossendale Harriers	LV40*	43.31
	53	Craig Nicholls	Ribble Valley Runners	V40	44.03
	54	Luke Lloyd	Kingstone Barnsley		44.15
	55	Tom Prescott	Preston Harriers		44.31
	56	Steven White	Holcombe Harriers	V40	44.42
	57	Declan O'Duffy	Bowland Fell Runners	V60	44.47
	58	Tom Smith	Bowland Fell Runners	V50	44.52
	59	Mike Patten	Bowland Fell Runners		45.02
	60	Charlie Winckler	U/A		45.13

	61	Stephen Nicholls	Wigan and District Harriers	V40	45.18
	62	Greg Webster	Holcombe Harriers	V50	45.24
	63	Matthew Smith	Achille Ratti CC		45.32
	64	Richard Wilson	U/A		45.35
	65	Chris Usher	Newburgh Nomads	V50	45.42
66 (lady 4)		Jean Powell	Wharfedale Harriers	LV50	45.46
67 (lady 5)		Victoria Rogan	Trawden AC	LV40	45.52
	68	Matthew Robinson	Newburgh Nomads	V40	45.55
	69	Richard Briscoe	Clayton-le-Moors Harriers	V40	46.09
	70	Peter Llewellyn	Mearley Runners	V50	46.14
	71	Jim Maxfield	Newburgh Nomads	V70*	46.2
	72	Simon Maughan	U/A	V50	46.47
73 (lady 6)		Anne Daykin	Clayton-le-Moors Harriers	LV60*	46.49
	74	David Naughton	Cheshire Hill Racers	V60	46.59
	75	Mark Nutter	Clayton-le-Moors Harriers	V60	47.03
	76	Tony Jackson	Newburgh Nomads	V60	47.06
	77	Andrew Webster	Clayton-le-Moors Harriers	V50	47.11
78 (lady 7)		Rebecca Cranshaw	Bowland Fell Runners	LV40	47.32
79 (lady 8)		Kathryn Miller	Clayton-le-Moors Harriers	LV40	47.42
	80	Wally Copelov	Newburgh Nomads	V60	47.45
	81	Roy Parkinson	Preston Harriers	V50	47.46
	82	Howard Wood	U/A	V50	48.21
83 (lady 9)		Claire Godfrey	Garstang AC	L	48.39
	84	Graham Jenkins	Ribble Valley Runners	V50	49
85 (lady 10)		Jo Armistead	Settle Harriers	LV40	49.14
86 (lady 11)		Helen Read	U/A	LV40	49.17
87 (lady 12)		Bronte Mae Randall	Kingstone Barnsley	L	49.28
	88	Fred Duenbier	Newburgh Nomads	V60	49.32
	89	Craig Wilkinson	Blackburn Road Runners	V50	49.37
	90	Jim Bowden	Copperfield	V40	49.38

	91 John Thompson	Trawden AC	V40	49.54
	92 Danny Teare	U/A	V50	49.59
	93 Dominic Wagner	North Bolton Runners	V40	50.03
	94 Ian Smith	Ribble Valley Runners	V70	50.06
95 (lady 13)	Sarah Chippendale	Bowland Fell Runners	L	50.11
	96 Jon Tomkins	Garstang AC	V50	50.16
	97 Lee Whiteley	U/A	V50	50.21
	98 Kenny Forster	Spectrum Striders	V60	50.27
	99 Peter Browning	Clayton-le-Moors Harriers	V60	50.29
	100 Dominic Carr	Clayton-le-Moors Harriers	V50	50.33
101 (lady 14)	Caroline Harding	Pudsey and Bramley AC	LV50	50.38
	102 Christopher Edward Iddon	U/A		50.38
	103 Ken Robinson	Wharfedale Harriers	V70	50.56
	104 Tony Spicer	Rossendale Harriers	V70	50.58
	105 Ian Williams	U/A	V50	51.05
106 (lady 15)	Janet Carr	Darwen Dashers	LV40	51.39
	107 Paul Marsden	Trawden AC	V40	52.05
	108 Dan Tomkins	Garstang AC	V50	52.27
	109 Graham Hobson	Garstang AC	V60	52.29
	110 Malcolm Armstrong	Holcombe Harriers	V60	52.37
	111 Elliot Lorimer	Hyndburn AC	V40	52.38
	112 Ollie Hulbert	Skelmersdale Boundary Harriers	V40	52.57
113 (lady 16)	Briony Bastell	Garstang AC	L	52.59
114 (lady 17)	Katie Towers	Barlick Fell Runners	L	53.28
115 (lady 18)	Fran Walker	Clayton-le-Moors Harriers	LV50	53.52
	116 Graham King	Holcombe Harriers	V50	54.18
	117 Paul Wilson	Wharfedale Harriers	V60	54.38
118 (lady 19)	Lisa Ingham	Blackburn Road Runners	LV50	54.4
	119 Phil Davies	Preston Harriers	V50	54.5
	120 Tim Whitehead	Keighley & Craven Fell Runners	V50	55.16

121	Michael McLoughlin	Preston Harriers	V70	55.44
122	John McDonald	Trawden AC	V50	55.54
123 (lady 20)	Nicola Muller	Barlick Fell Runners	LV40	56.08
124 (lady 21)	Samantha Cotson	Keighley & Craven Fell Runners	LV50	56.22
125	Jon Ash	Ribble Valley Runners	V50	57.14
126	Jason Linnane	Billinge Running Club	V40	57.53
127	Dale Cooper	U/A		58
128	Nigel Stuart John Law	U/A	V50	58.38
129	Simon Stafford	U/A	V50	58.45
130	Andy Brookfield	Newburgh Nomads	V60	58.48
131 (lady 22)	Rachel Senior	Bowland Fell Runners	L	59.02
132	David L Nield	Clayton-le-Moors Harriers	V60	59.5
133	Jim Doherty	Preston Harriers	V50	60.01
134	Anil Bose	Newburgh Nomads	V60	63.12
135 (lady 23)	Olga Wiggins	Preston Harriers	LV40	64.26
136 (lady 24)	Emily Whitehead	Keighley & Craven Fell Runners	LV50	66.34
137	Mark Willett	U/A	V50	67.33
138	Trevor Metcalfe	Wharfedale Harriers	V70	68.08
139	Chris Cash	Darwen Dashers	V60	69.03
140 (lady 25)	Hilary Farren	Rossendale Harriers	LV60	72.09
141 (lady 26)	Linda Coffey	Darwen Dashers	LV70*	72.1
142 (lady 27)	Helen Willett	U/A	LV50	79.53
143 (lady 28)	Michelle Teare	U/A	LV50	retired