

HARRIER NEWS



The Clayton Harrier Newsletter
www.clayton-le-moors-harriers.co.uk November 2011



RIP
William Richard Smith
1936-2011
Collecting tags at CP4/11 FTOP
[Photo: Andy Holden]

CONTACTS

The Clayton Website www.clayton-le-moors-harriers.co.uk

Please send website contributions to Martin Brady
email: claytonlemoors@googlemail.com

Race Results

All your races will count towards the Club's 2011 Fell Runner of the Year and Road Runner of the Year provided the Club Statisticians have your race results.

Please send your Road Results to Richard Lawson
55 Highfield Avenue, Burnley BB10 2PS
email: valric2@tiscali.co.uk
Home telephone 01282 423808

Please send your Fell Results to Mark Nutter
20 Osborne, Spen Brook, Newchurch-in-Pendle, Lancs BB12 9JJ
email mark.nutter@rbs.co.uk
Home telephone 01282 618403

Please send your Cross-Country Results to Harry Manning
4 Wiswell Close, Burnley BB10 2DW
Home telephone 01282 830458
Cross-Country Results for those races that qualify towards the Club's 2011/12 Palladium awards will be obtained by the Cross-Country Statistician, Harry Manning.

Forthcoming Fixtures

Please notify the Fixtures Secretary, Katy Thompson, 16 Ainsdale Drive, Darwen. BB3 2EQ
Telephone: 01254 772013; email: katy.thompson1@btinternet.com
The Fixtures Secretary will forward details to the Newsletter Editor for publication

The Clayton Newsletter

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Monday, 14th November**

Boothy's Bit

Honorary and Life Members

Not for the first time (and certainly not for the last) there was an error in last month's Harrier! Don Barton was listed as an Honorary Member whereas, in fact, Don was elected as a Life Member on the occasion of his retirement from the post of Club President at the 2006 AGM—and has an inscribed memento to prove it! My sincere apologies to Don for my error. I have amended the list (below).

As promised in the October Harrier, this month's newsletter includes thumbnail sketches of this year's new Honorary Members. It is very poignant and fitting that Bill Smith is among them.

Bill Smith

In the days following the discovery of Bill's body on the Bowland Fells, many club members, myself included, were inundated with requests from individuals and media organisations for more information and photographs of Bill. I sent material to a number of local newspapers, as well as giving radio interviews and a TV piece for Granada Reports (which wasn't used, as far as I'm aware). Although the initial media interest was, to some extent, due to the unusual circumstances of Bill's death, the huge attendance at his funeral, plus obituaries in such august publications as the Times, the Guardian and the Economist are a measure of the esteem in which Bill was held, both within the FRA, the Bob Graham Club, other outdoor groups and the wider community. He will be greatly missed. Memories of Bill and tributes to him are on pp6-10. As a postscript to this sad episode, on 22nd October I received a phone call from a Chipping resident who wanted to put her mind at rest. She explained that, on 10th August she'd had a conversation with a man who was setting off to walk over the fell to Totteridge to watch the Hodder Valley Fell Race. Did I think that this was Bill? Her description was of a slight figure, dressed in a blue cagoule, carrying a faded grey rucksack. He was very quietly spoken and she had struggled to understand him. I explained that Bill's strong scouse accent could be difficult to interpret and that her description tallied. It was probably Bill's final conversation.

Clayton-le-Moors Harriers

Life Members

Ida Bradshaw Donald J Barton

Honorary Members

James Dawson	Eric Doorbar
Anne-Marie Grindley	Alan Heaton
Ronald Hill	William E Hill
Andy McAllister	Alistair Patten
Monica Shone	<u>Bill Smith</u>
Harry Smith	J Keith Windle

Profiles New Honorary Members August 2011

[adapted from the President's Introduction at the AGM]

Alan Heaton

When Dave joined CleM in 1959, along with George Brass, Alistair Patten & Stan Bradshaw, Alan was one of his heroes. Their ability to run across Turks' Heads on Pendle, without slowing down, never ceased to amaze Dave, as they left him further and further behind.

Alan's achievements in fell running are the stuff of legends, notably his performances in Lakeland races and in winning the Lake District 3,000' Peaks Race twice. Among many notable performances, Alan also won the Fellsman on ten occasions, completed the Three Peaks Race more than 40 times and won the V50 British Fell Running Championship.

Dave added personal reminiscences which included encountering a number of 'brocken spectres' in the Carneddau during a traverse of the Welsh 3,000' peaks and taking a short cut across the Ribbleshead Viaduct after a blizzard.

Monica Shone

Although she had always been involved in sport: Lacrosse International, captain of the Sussex Ladies' cricket team, rock climbing, sea kayaking, Alpine and Nordic skiing etc, Monica only took up running at the age of 56 in 1982, after operations to replace toe joints ended her rock-climbing career. Since then, Monica has enjoyed amazing success in a variety of disciplines at a huge range of distances. Road running: 1st F60 in London Marathon in 1986 setting a UK age-group record of 4.14. Cross country: British F55, F60 & F65 Champion. Track: Welsh, UK & European Age Group Champion at distances from 100m to 5,000m, including European F70 records at 200m & 400m in 1996 and World F75 record at 400m in 2002. Joining CleM in 1986, Monica ran two legs of the Ladies' Coast to Coast Relay, was a member of the Ladies' Championship Winning Fell Running Relay Team and won the club's Pebble Award twice. Aged 66, she was the first woman to complete the Joss Naylor Lakeland Challenge and was 2nd F75 at the Keswick World Masters' Mountain Race in 2005. Monica is still actively involved in the organisation of JNLC attempts.

Bill Smith

Joining the club in 1971 following a chance encounter with Stan Bradshaw, Bill had a number of great performances in fell races, including finishing 2nd in the Lake District Mountain Trial and in the Fellsman on 3 occasions. Stan Bradshaw regarded Bill's greatest performance as his extended Bob Graham Round of 63 peaks, which was finally surpassed by Joss Naylor. As FRA Press Officer in the 1970s, Bill set out to write a brief history of amateur fell running. He ended up writing 'Stud Marks on the Summits', a book of nearly 600 pages, which left its readers in awe of the amount of research, depth of knowledge and details that Bill had amassed. *[continued on p6]*

**CLAYTON-LE-MOORS HARRIERS
OFFICIALS
2011-2012**

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Profiles *[continued]*

The current FRA Chairman, Graham Breeze, (no mean writer himself) describes SMOTS as 'a masterpiece' and the rare copies that come available are bought for large sums of money. Dave went on to remark that he was no longer surprised when, at a remote check point of a fell race, he comes across Bill encouraging all the runners who pass. It reflects Bill's dedication—and his encyclopaedic knowledge of bus and train timetables—as he does not possess a car, almost invariably travelling from his Liverpool home by public transport.

LETTER

Dear Pete

My Honorary Membership.

I should like to express my thanks to the committee and all who supported this honour. It came as a big surprise as, knowing the status of Bill Smith and Alan Heaton in the fell running world, I am but a minnow. Nevertheless, it is greatly appreciated. The photograph of 'we three' on the cover was really unexpected and will be valued for years to come. The sad part is that Bill is no longer with us.

Living so far away, I find it difficult to support races in your area, but hope to be able to offer my services in some way during the coming months.

I have valued my Clayton First Claim membership for many years and always wish I lived nearer to your home base. Thank you all for giving me such a lovely present.

Monica Shone

Bill Smith Memories and Tributes

Bill Smith (William Richard Smith)

The Death of Bill has been widely recorded in the Local and National Press, on Radio and TV. Bill travelled from Liverpool to Preston by train and then I suspect he used bus travel to get to Chipping on Saturday 10th September. Three weeks later Bill's body was found in a bog on Saddle Fell on the Bowland Hills. Richard Bellaries believes, and I feel sure he's right, that Bill was heading to the Hodder Valley Show Fell Race which this year was based at Dunsop Bridge. Bill had died as a consequence of a Heart Attack.

Most members will be aware of Bill, through his marshalling at many races but perhaps most famously for his book published in the mid 80's 'Studmarks on the Summits'. Bill also laid claim to some fantastic athletic achievements, particularly in the Lake District.

However, possibly because Bill was such a quiet reserved character, people would not know much about his private life.

Bill's funeral took place at the Good Shepherd Church in Croxteth, Liverpool on Friday 14th October. There were around 25 members of Clayton, but the Church was packed with Fell Runners past and present, as well of course Bill's family – a fantastic turn out. The Reverend had obviously spent some time with Bills' family and gave a brief background of his life.

Bill left school at the age of 15 years, his strengths (probably no surprise to us) were English and Maths. He trained as a Typewriter Mechanic but, with the demise of the machine as a consequence of the development of the computer, Bill moved into other aspects of Engineering before, later in his career, he got a job as a Porter in a large Liverpool store and then went onto a similar post for Lewis's. Bill did his National Service in the Forces and learned to drive. Perhaps somewhat strangely Bill never continued with these skills and as we all know he went everywhere on Public Transport, even to the most remote parts of the country. He would often decline offers for a lift, clearly preferring to 'do his own thing'.

Bill loved his music particularly Jazz and Country & Western. He played the trumpet, much to the consternation of the family, but also had a guitar and played the piano.

Bill had two younger sisters and, whilst he never married, he apparently did have female friends in life with whom he would enjoy evenings out. His sisters both had several children, so Bill was blessed with a good number of nieces and nephews - and great nieces and nephews - with whom he had close relationships and apparently was known throughout the family for his generosity in buying gifts and presents.

Bill lived in his parents' house all his life. His mother, in old age, suffered from deafness and blindness; this is probably where Bill's problems with hearing and sight developed. As his mother became infirm in old age, Bill was known to carry her to bed each evening.

The Church service was quite special and Selwyn Wright gave a really nice speech about Bill and his Fell Running life. I'm sure he will be long remembered by our Club. RIP Bill – I'm sure he would rather have died where he did than being housebound through infirmity.

Linda Lord and Katy Thompson went to the buffet occasion following the funeral – Linda said.... "Katy and I went to the buffet afterwards and spoke to his sister (who looks very much like him). She and the rest of Bill's family were staggered and very touched at the number of people attending the funeral; they didn't realise how well respected and highly thought of he was in the fell running community."

Isn't it amazing how little we knew of his private life, despite having known him for years?"

Paul Healey

I am sure there will be many tributes to Bill Smith whose recent tragic death has so stunned the Fell Running world. They will mention his running ability, his 63 Lakeland Peaks epic, for instance, and his contribution and writings on the history of our sport. However, I have two memories of Bill which I shall always treasure. The first goes back to a June night in 1974. Myself and George Brass were on our way to completing our Bob Graham. On reaching Dunmail around midnight and way behind schedule due to the terrible weather conditions, it was Bill who agreed to continue into the night. Once we turned onto Dollywaggon the wind, which had been our enemy became our friend, allowing us to get back on schedule. Bill continued with me from Threlkeld to the finish along with Gerry Charnley, both now claimed by the fells they so loved. (Gerry was to fall through a snow cornice on Striding Edge a few years later.)

My other special memory of Bill is taking afternoon tea with him; this might seem strange but let me explain. For many years now I have written a monthly article for our local Parish magazine, usually about country matters. A few years ago, at a loss for a subject, I wrote about the Bob Graham Round. Shortly afterwards, I got a call from Eric Walmsley, a former Whitehaven man, now well into his nineties. Eric informed me that he had known Bob Graham well and had spent many an hour on the fells with him. I put Bill in touch with Eric, which resulted in Bill writing articles about this connection. Subsequently, Bill became a great friend of the Walmsleys and would periodically visit them at their home in Holden, when myself and my wife Anne would be invited to join them. I shall always treasure those happy couple of hours chatting over a cup of tea and Christine's wonderful cakes.

Bill will be a great loss to the Fell Running world and all who knew him, but we still have our memories.

Roger Dewhurst

The Unique Bill Smith

The word 'unique' is often over used, but in Bill's case I believe that it is entirely appropriate. For our members who never knew Bill, here is why he was so special: Bill lived alone in Liverpool and did not have a telephone, mobile, drive or own a car, yet using trains and buses, made his way to fell races all over the country to marshal or support runners. He could often be seen at remote spots on the route, quietly encouraging competitors.

Bill wrote many articles for a variety of publications and his book, a positive tome, is regarded as the bible on the history of Fell Running. All profits from the book (apparently now changing hands for over £100) went to the FRA. His knowledge was probably unequalled by anyone. His Bob Graham Round and his later run of 63 Peaks in 24 hours and his top placings in the Fellsman are among his most outstanding running achievements. Yet, despite all these accomplishments, he remained a quiet, unassuming, modest man.

It is so difficult in words to give a full picture of the man and no doubt more eloquent writers will do a better job, but for me, Bill was indeed unique, a very special man, and I, like many others, feel that the world of fell running is the poorer for his death.

David Scott
EI Presidente



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Hello Pete,

I was very sad to just hear about Bill (yesterday) after reading my club magazine recently and seeing his being honoured in August. I am now living in Germany and it is not possible for me to attend on Friday at this short notice although I would have liked to be there. But I would like to express my condolences to his family.

It is a huge sad loss to the sport and I would support any way of further honouring Bill if the club wishes to do so.

I still recall supporting Bill on his big round in the Lakes. Coming off Blencathra in the mist on his last leg, a very tired Bill insisted we go one way. My compass conflicted with his view and so he then relented and trusted me! We found Calva on my bearing. He was a true sportsman and gentleman and will be a huge loss to all who had the pleasure of knowing him.

Cheers

Roman Halenko

Pete

On behalf of Chorley Harriers and Tri, may I offer our sincere condolences to Bill's family and to your club at the sad loss of such a wonderful member. Although many of us never knew Bill, the ones that did have recounted stories of what a nice, genuine person he was and how much sport and helping others was at the heart of what he did. He has been given much well deserved recognition and the one thing we know is that sport is better through Bill and what he did and what he stood for. Having just lost one of our own inspirational club members, it is the happiness that they have given that is remembered and such happiness is priceless and shows that what they had was a true gift and their memories will remain with us all.

In sport
Daryl Peter
Chair - Chorley Harriers and Tri

Dear Peter,

I was greatly saddened to learn of Bill Smith's tragic death, especially as it followed so soon after the equally tragic loss of the inspirational Mike Ogle. I met Bill in the early 1970s when I was a rookie fell runner and he was invariably kind and helpful.

To me, and I imagine many other distance runners, Bill was a modern Pheidippedes. Legendary.

I wrote the following poem on hearing of Mike Ogle's death; I'd like to also dedicate it to Bill:

Testament to a Fell Runner

His stride was sure,
The runner gone before;
Over mountain track and grassy moor
The race goes on as heretofore
On clear-bright afternoons.

My deepest sympathies go out to Bill's family and his Clayton le Moors Harriers club mates.

I'll sign off as Bill always did in his letters:

Yours in sport,

Phil Howard
Preston Harriers AC

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Keith Prosser's 70 Trigs at 70 – Sunday 11th December

I am planning a celebration run for my 70th birthday and completion of the challenge to 'Bag' 70 Trigs. The run will start at Barley Car Park at 12.30 pm with the aim of reaching the Peel Park Hotel in Accrington around 4pm.

The route I have in mind is just over 13 miles in length but everyone is welcome to join us for all, or any section(s), or do more.

Leaving Barley by Ogden Clough to join the main track (2.2 miles) heading down to the 'Nick of Pendle'. From here downhill to the gate on the right on the Sabden side of the hill (4 Miles – approx. 1.30 pm).

After the barn leaving the track heading left downhill to the Mill Lodge on the Whalley Road out of Sabden (5 Miles). Here crossing the road and going uphill to Read Heights (alongside Shady Walks) then on to New Hall Farm and downhill to Read. From Read onwards downhill to the River Calder and then onto Altham Bridge (8 Miles – approx. 2.30 pm).

Leaving the Road heading up through the fields towards the Farm Shop near Shuttleworth Hall then onto Hapton Woods and southwards uphill to Burnley Road between Accrington and Hapton (10 Miles - approx. 3.00 pm).

From here uphill heading for the Coppice Trig to celebrate Number 70 at 70 before stumbling downhill to the Peel Park Pub to socialise and refresh.

I would love to see all the runners that have been involved in the Trig Bagging through the year and it would be great if everyone could do the last leg – Hapton to the Coppice.

I have come up with a challenge for the fitter amongst us and for those interested – Bagging Pendle Trig (SD804414) – then catching the rest of the group en route to the Nick.

Secondly, to Bag the Trig near Jepp Knave Grave (SD761379) and catch us on the way to Read.

Third challenge to bag the Trig on Great Hameldon (SD794289) and head to regroup on the Coppice.

The runners at each Trig will be awarded points (e.g. 7 runners – first gets 7 points).

The runner with most points will be named King of the Trigs – Will this be you?

If you would like to come along, please let me or Paul Healey know – we need an idea of numbers and possible transport arrangements.

Keith Prosser

**THE WINNER OF THE 100 CLUB
NOVEMBER DRAW**

NUMBER 21 KEVIN O'BRIEN - £50

**No—I've not made a mistake.
The random number generator came up with
Kevin's number for the second month in
succession!
How random is that?**

100 Club Co-ordinator:

Peter Billington, 10 East Crescent, ACCRINGTON BB5 5BS

Tel: 01254 391423, Mob: 07709 622405

**100 CLUB
WINDING UP**

As indicated in an earlier Harrier, the 100 Club, set up to raise extra funds for CleM Harriers, is barely breaking even and is projected to make a loss in 2012. Appeals for new contributors have not been successful. As a result, the Committee has decided to wind up the 100 Club. The November draw and a single £100 December draw will take place, but there will be no draws in 2012.

Any surplus 100 Club funds will be transferred into the CleM Raised Funds Account, for subsequent distribution to our Juniors or the Rossendale Mountain Rescue Team. The committee hopes that 100 Club members will be happy with this arrangement. However, 100 Club members who have subscribed to the 100 Club beyond the end of 2011 and require a refund in respect of unmade draws are asked to contact the Treasurer, Jim Hickie, no later than the 10th November 2011.

RUN OF THE MONTH
Sponsored by PHYSIOFUSION
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SEPTEMBER

- ANDY BROWN** for 11th place at the at the BEN NEVIS RACE on 3rd
Nominated by Paul Thompson
- WENDY DODDS** for 10th place [1st FV50, 55 & 60] at the DEVIL'S
BEEFTUB BRITISH CHAMPIONSHIP FR on 10th
for **1st LADY** at LAKE DISTRICT MOUNTAIN TRIAL
(MEDIUM COURSE) on 11th
*Nominated by Jean Brown, Katy Thompson & Pete
Booth*
- JACK DUGDALE** for 1st MU23 at the BEN NEVIS RACE on 3rd
*Nominated by Ian Greenwood, Mark Nutter & Peter
Thompson*
- LAURA HESKETH** for **1st LADY** at the RON HILL 73rd BIRTHDAY RR at
LITTLEBOROUGH on 22nd
Nominated by Harry Manning
- JULIET HORROCKS** for **1st LADY** at the THIEVELEY PIKE FR on 24th
Nominated by Harry Manning
- GEOFF NEWSAM** for 1st V60 at the BLACKSHAW HEAD FR on 3rd
Nominated by Harry Manning & Bob Hirst
- TED ORRELL** for 1st V70 at the LAKE VYRNWY HALF MARATHON
RR on 11th
Nominated by Harry Manning

SEPTEMBER
RUN OF THE MONTH
WENDY DODDS

For two superlative performances in the same weekend.

Wendy qualifies for a Free Massage from PHYSIOFUSION.

NOTE: Any member can make a nomination for Run of the Month.
Nominations should be sent to the Newsletter Editor by post or email (22 Ann St,
Barrowford, Nelson, BB9 8QH or pete.booth56@hotmail.co.uk) .
The winner is chosen by a sub-group of the Committee.

**NB: You can now make your RUN of the MONTH Nominations on the Club
Website: <http://www.clayton-le-moors-harriers.co.uk/>**

Just follow the links to the Message Board and the Run of the Month
Section to make your nomination.

Boothy's Bit More.....

If it's November... it must be time for the **Full Tour of Pendle**. Get your entry form from the club website. (It will cost you a lot more on the day.) An 'A' Long Race at this time of year needs a lot of marshals etc. **If you can help in any way on the day, please contact Kieran Carr on 01254 822618 or kieran.carr@yahoo.co.uk.**

Junior Welcome Packs

As you know, the junior section is thriving at the moment, with new members joining all the time. Each new junior member receives a free Welcome Pack that includes a club vest, welcome letter, a newsletter and other documentation, all presented in a plastic wallet.

To reduce the financial burden on the Club, we are looking for members who would be prepared to sponsor one (or more) packs, at a cost of £10 each. If you would like to help out the club in this way, please contact the Junior Coordinator, Marion Wilkinson, or myself.

NB: Because of pressure on space, a number of items have been held over until the December edition.

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Ian Hodgson Mountain Relay 2nd October 2011.

Vets Report

For the 2011 event the organisers had reverted back to the clockwise route starting at Patterdale. The late change of start venue and route due to the waterlogging at Sykeside left teams either frantically having to re-recce or trusting in their route knowledge 'in reverse'. As someone said after the race, 'the checkpoints don't seem like they're in the same place when you run the route backwards'.

Sykeside campsite is beautifully peaceful after a few hours on the M6 and it was good to see familiar Clayton faces in the pub the night before the race.

Borrowdale's Mark Roberts was obviously taking the race seriously, He told Garry and I of his plan to recce the cattle grids at the start of leg 1 before breakfast. To jump it or put your foot down? Mark knows AngleTarn (leg 1 first checkpoint) well enough as he does training runs up there with his fishing tackle. Apparently, the species of fish have developed individual characteristics which differ from the same species of fish in other nearby Tarns. If only Charles Darwin had known, he needn't have bothered with the Galapagos Islands. Still, it's not always about the facts is it Charles?

Leg 1, Patterdale to Hartsop

Borrowdale went into an early lead; all that training laden with fishing tackle obviously worked for Mark Roberts as he and Chris Steele stormed in with a big lead from Dark Peak and Pudsey & Bramley. In the vets race Ian Greenwood and I came home in 14th, 3rd vets team, 67 seconds behind the vets leaders, Dark Peak, with Ambleside in 2nd place. We had a good descent, around 7th fastest from the Tarn checkpoint and were closing on the vets race leaders at the finish. It was good to see Shaun Livesey running; the Shaun Livesey who still holds the course record for the Half Tour of Pendle in spite of the efforts of Messrs Holmes, Jebb, Hope etc. He's still difficult to get past is Shaun.

Leg 2 Hartsop to Kirkstone

Borrowdale increased their lead to five minutes but were chased by Ben Abdelnoor and Tom Gibbs who ran the fastest leg, bringing Ambleside through from 16th into 2nd place. In contrast Dark Peak dropped from 2nd to 16th. They weren't the only team to go for a wander around Caudale Moor either.

Ambleside took the lead in the vets race, moving into 4th overall, with Dark Peak 2nd vets (10th overall) with Kendal vets Craig Roberts and Paul Dugdale moving into 3rd (12th overall). Clayton vets Mark Aspinall and Andy Stubbs had a good start and moved through to 10th overall on the climb up to High Street but were one of many pairs who struggled to find the elusive Tarn in the mists on Caudale Moor. It's strange how mild annoyance 'where the hell are they?' quite quickly turns into concern when your team mates are overdue. Thankfully they arrived safe and well, coming home 5th vets behind Helm Hill.

Leg 3 Kirkstone to Hartsop Hall.

Simon Booth and Mike Fanning increased Borrowdale's lead, running the fastest leg. Pudsey and Bramley's Darren Kay and Danny Hope moved through from 7th to 2nd and Wharfedale moved into 3rd.

In the vets race Ambleside retained the lead but dropped to 5th overall. Dark Peak were 2nd, Kendal 3rd, Helm Hill 4th. Clayton vets Dave Nuttall and Andy McFarlane pulled back 7 places to 24th overall and were fastest of the vets teams on the climb up to Red Screens, but couldn't catch the top four vets teams coming home as 5th place vets.

Leg 4 Hartsop Hall to Patterdale

Morgan Donnelly and Jim Davies, although they had time to relax, didn't take any chances and ran the fastest leg, bringing Borrowdale home to a 17 minute victory in 3:42:12

Wharfedale caught Pudsey and Bramley's internationals, Rob Hope and Graham Pearce, on the last leg to clinch 2nd with 3:59:07 to Pudsey's 3:59:23. Ambleside weren't far behind in 4th 4:00:18

In the vets race Ambleside won in 4:05:13 (7th place overall) from Dark Peak 4:10:23 (10th overall) and Kendal 3rd in 4:28:47. Clayton vets, Tim Edwards and Garry Wilkinson, caught Helm Hill vets and cut Kendal vets lead (in 3rd place) from fourteen minutes to three, bringing us home as 4th place vets team and 19th overall (4:31:28). At the start of the last leg, with a ten minute lead, it looked like Clayton seniors would beat the vets team but Tim and Garry went flying past in the mist below Fairfield.

Sixty three teams finished and the quote of the day? "I don't need my compass, I know where I'm going". It's a good weekend away if you travel up the day before and can live without a post race skinfull. They don't do pavements by the roads round Patterdale, which is a bit dangerous if you have to walk along a road anywhere. Maybe I've lived in a city too long.

Thanks to captain Neil Worswick for organising the teams and to Garry Wilkinson for ferrying people around in his van.

Paul Shackleton

Ladies 4 Stage Relays, Birchwood Park, Warrington, 24th September

A big thank you to Candice, Nicki and Gayle for taking part in the Northern Relays. The ladies' relay involved a course distance of 4.9K. We all enjoyed the day with our personal achievements resulting in the team as 27th place out of 48. Well done girls, alongside fast competition! Our personal results as follows; Candice 17.39 (13th), Nicki 20.42 (26th), Gayle 19.30 (24th) and myself 21.10 (27th). Thank you also to Anna Kelly and Kathryn Wilkinson for standing as reserves.

A fun day out and great to have a ladies' team in such an event. Thanks again to all.

Irene Roche

**A Bit of a Quiz
By
Steve Breckell**

The answers to the September quiz are:

- 1 The Downham Fell Race
- 2 The Downham Post Office

One of the past race organisers was Colin Taylor - a postman.

[Thanks, Steve. I did the Downham FR only twice, which is why I didn't know the answer—that's my excuse, what's everyone else's? -Ed]

GARRY WILKINSON MFHT, ICHF,
Clayton-Le-Moors Harriers
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Member No 152361

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 ENGLAND ATHLETICS CRB Checked 

UPDATE (to 30.09.11)

Road Runner of the Year 2011

			Pts Races		
Ladies			Pts		
	Irene Roche	F50	50	N Hardiman	V40 585 13
	Rachel Robinson		35	D Nuttall	V40 559 11
	Marion Wilkinson	F65	21	D Walker	528 9
	Christine Leathley	F60	13	M Taylor	497 25
Men				M Wallis	V50 480 8
	Gary Shaw		128	A Brown	473 7
	Stephen Biscomb	M55	66	S Clare	V40 435 9
	Alan Clarkson	M50	45	A Armstrong	V40 425 9
	Ted Orrell	M70	37	A McFarlane	V40 402 7
	Richard Lawson	M65	34	Paul Thompson	393 6
	Stuart Hartley	M50	29	M Terry	V50 356 12
	Brian Wildman	M45	24	P Hesketh	V40 351 7
	Jack McGuire	M55	8	R Baines	339 11
				S Halliday	V40 322 6
				R Bellaries	V50 320 12
				R Briscoe	299 18
				G Gough	V50 292 7
				J Pickup	V50 262 11
				K Carr	V60 247 10
				J Holt	V60 245 6
				P Dugdale	V50 219 34
				M Pendlebury	V40 216 7
				S Bury	V50 195 12
				I Robinson	V50 194 9
				I Whigham	V40 168 7
				A Dugdale	V40 160 25
				A Howarth	V50 131 8
				P Browning	V50 97 7
				D Naylor	V50 95 7
				R Hirst	V60 56 27
				R Moore	V40 54 15
				S Fish	V50 46 14
				A Firth	V50 43 18
				D Munroe	V60 42 11
				G Thompson	V60 37 8
				M Hirst	V50 33 6
				R Chappell	V60 31 11
				M Frost	V50 14 6
				J Francis	V60 2 6

Fell Runner of the Year 2011

			Pts Races		
Ladies			Pts	Races	
W	Dodds	LV60	915	33	
B	Thompson	LV40	540	23	
J	Brown	LV40	384	12	
C	Life	LV40	122	12	
K	Thompson	LV50	118	15	
Sue	Clark	LV40	104	6	
B	Savage	LV40	87	12	
A	Dugdale	LV40	85	6	
L	Lord	LV60	69	8	
D	Richards	LV40	58	12	
J	Rawlinson	LV50	38	8	
K	Goss	LV60	9	11	
N	Horsfall	LV50	7	11	
Men			Pts	Races	
J	Dugdale		1106	21	
M	Nutter	V40	955	29	
A	Life	V40	867	18	
N	Worswick	V40	795	21	
Peter	Thompson	V50	764	31	
P	Booth	V60	751	20	
D	Motley		659	13	
C	Balderson	V40	638	14	

NB: Minimum of 6 races to qualify.

JUNIOR NEWS

JUNIOR OF THE MONTH

SEPTEMBER RESULTS

CAITLIN BALL*	GU8 Thieveley Pike FR—4.48
WILLIAM BELLARD	BU12 Thieveley Pike FR—7.33
RYAN CLARKE	BU12 Thieveley Pike FR—8.07
OLIVER CREDLAND	BU10 Thieveley Pike FR—5.27 (1st place)
JOSH GRAHAM*	BU14 Thieveley Pike FR—25.59 (2nd place) Dawn Taylor 5K, Whitworth—24.29
JODIE GRAHAM	GU12 Thieveley Pike FR—9.18 Dawn Taylor 5K, Whitworth—28.36
MOLLY HESKETH	GU8 Thieveley Pike FR—4.29 (3rd place)
ROANNA HOLDSWORTH	GU8 Thieveley Pike FR—4.33
LUCY HORROCKS*	GU12 Thieveley Pike FR—7.55 (1st place)
NATALYA IRVINE*	GU10 Thieveley Pike FR—5.51 (1st place)
ALAYNA IRVINE	GU8 Thieveley Pike FR—4.59
RIAGHNACH JAMESON	GU8 Thieveley Pike FR—4.31
HARRY MASON	BU10 Thieveley Pike FR—6.25
ALICE PIER	GU12 Thieveley Pike FR—8.33 (3rd place)
ELEANOR ROOT	GU10 Thieveley Pike FR—6.13 (3rd place)
GRACE ROOT	GU8 Thieveley Pike FR—4.46
FINLEY STUBBS	BU8 Thieveley Pike FR—5.02 (3rd place)
MILLIE STUBBS*	GU8 Thieveley Pike FR—4.09 (1st place)
SIMON WILSHAW	BU12 Thieveley Pike FR—8.09
FREDDIE WORSWICK	BU8 Thieveley Pike FR—5.58

***Special Mention for great performance.**

To be listed in the JUNIOR of the MONTH, you must have taken place in AT LEAST ONE RACE in that month.

The Winner is chosen by a panel of coaches and volunteers, who support the Junior members at training sessions and races (not Marion!)

**JUNIOR RUNNER OF THE MONTH
SEPTEMBER
LUCY HORROCKS**
One of our newer members for her great run at
Thieveley Pike FR

CLAYTON JUNIORS' TRAINING

Spirit of Sport Centre, Ormerod Road, Burnley
12.30 each Saturday

EXCEPT

We meet at an alternative venue once a month;
Towneley (lower car park by play area): Nov 5th.

PLUS

6.00-7.00pm each Thursday, also at the Spirit of Sport Centre

Improve your fitness, build team spirit and have fun with team games and circuits.

We operate an email info system, with the latest race news and any last minute changes. If you are a parent and haven't already given me your email then let me know on andrew.optometrist@ntlworld.com and I'll put you on the list.

It's just for Clayton juniors, don't worry we won't be selling your details to anyone!

Red Rose Cross Country League
Leigh 8th October

Girls U11

1	N	Nugent (Rochdale)	5.36
3	N	Irvine	5.49

Boys U13

1	J	Lonsdale (Trafford)	7.01
22		Will Bellard	8.04
35		Chris Archer	8.47

Boys U15

1	R	Wong	B'burn HAC	12.01
22	H	Edmondson		13.56

Junior Summer Series

The aim of the Summer Series was to encourage our junior runners to compete against each other and juniors from other clubs in eight races.

Results:

U8 Boys

Gold: Finley Stubbs
Silver: Freddie Worswick

U8 girls

Gold: Caitlin Ball
Silver: Molly Hesketh
Bronze: Riaghach Jameson

U10 Boys

Gold: Oliver Credland
Silver: Harry Mason

U10 Girls

Gold: Eleanor Root
Silver: Millie Stubbs

U12 Boys

Gold: Will Bellard
Silver: Ryan Clarke
Bronze: Chris Archer

U12 Girls

Gold: Alice Pier
Silver: Laura Nuttall
Bronze: Jodie Graham

U14 Boys

Gold: Josh Graham
[Detailed results available on the web-site]

All the juniors who completed 4 out of the 8 races received a medal to recognise their achievement. All the juniors named above, as well as Grace Root, and Roanna Holdsworth, received series medals.

Our sincere thanks go to **Frank Goss** who sponsored the medals and took the time to present the medals after the final event, the Thieveley Pike FR.

Covering Old Ground

30 years ago (Nov 1981) – courtesy of Ronnie Orr

- In the fixtures the Black Lane Ends Fell Race was on the 1st - 5.5 M, fee 70p. Saturday Training runs in the month were from Pendleton Village Hall, Rolls Royce Sports Club Barnoldswick, Burnley Fire Brigade HQ, and High Brake House Huncoat. Northern Vets XC was at Bowley, Great Harwood.
- Bill Smith was writing a book and needed information on Thieveley Pike 1963, 64, 65, and 66 and any details of the old professional race. Also Pendleton 1980 and pre-1969, Musbury Tor prior to 1972 except 1970 and 1962.
- Help was needed at Burnley AC/Clayton league race at Towneley.
- The Authorities at Wilsons Playing Fields have reported that some runners are returning from Tuesday Training after 9pm (official closing time).

- Club vests were £5 – colts £3.

In the Results:

Thieveley; Gale FR – 1st John Reade

25 years ago (Nov 1986)

- The editors reported that there had been a good turn out at Wilsons on Tuesdays probably enhanced by the free supper at the Gamecock. They also stated that “These meets are good for the Club as a place to gather information, meet friends and socialise generally.” *What went wrong?*
- Subs were due by 15th October but the Treasurer reported that more than 50% (over 300 members) had failed to pay their £5 fee.
- There was to be a new Junior section in the newsletter.
- The Calderdale Way Relay Ladies team was to be – Eileen Burnip, Maureen Hurst (Laney), Tina Lewis, Judy Makinson (Hindle), Kay Pierce, Wendy Dodds, Eileen Irwin, Ann French, Linda Lord, Vanessa Brindle (Peacock), J.Prior, Karin Taylor (Goss).
- More Ladies news – Maureen Hurst (Laney) was 5th in the Berlin Marathon and 1st in the Dublin Marathon. Vanessa Brindle (Peacock) 1st Derwentwater Marathon (her first Marathon)

In the Results:

Mark Aspinall (then of Rossendale Harriers) was 1st at Turnslack and Barnoldswick Weets.

Linda Lord was 1st at Turnslack and Pendleton

Roger Brewster was 1st at Chorley Fire B.

Karin Taylor (Goss) was 1st at Downham FR

20 years ago (Nov 1991)

- The Editor wrote “October started in its usual manner with failure of our A team in the Ian Hodgson Fell Relay plus on the same weekend our Road team pulling out of the Northern Six Stage Relay (Burnley Fire Brigade next day). But such upsets were quickly forgotten the next two weekends. Firstly our Road team put in its best performance ever finishing fourth....the next Saturday at the MLXC opening fixture, three runners in the first twelve....and Maureen Laney winning the Ladies race....and finally the very next day, in the British Fell Relay, 3rd place for the men, 2nd and 3rd for the Vets, and 2nd for the Ladies.”
- Rossendale Search & Rescue sent a letter of thanks for our donation.
- The Tuesday venue for June was to be the Ram Inn at Cliviger
- Organiser wanted for the Ribble Valley 10K.

- Clayton Mixed team set a new record in the Ian Hodgson Relay.
- Details were given of Joss Naylor's run last year from Pooley Bridge to Wasdale at the age of 54 years – 47 miles and 16,200ft. – Joss now threw out the Challenge – over 50's time limit 12 hours; over 60's 18 hours, over 65's 24 hours – but they must raise at least £100 for Charity. Don Talbot (having just turned 60) decided to take up the challenge – a sprained ankle delayed his start by a couple of weeks. Don started at 5am with a clear starlit sky and later sunshine, demanding occasional stops to admire the view – “.... It would have been sacrilege to ignore such an ideal morning....At the top of Haycock it was especially satisfying to sit awhile and reflect on the day, a most invigorating trip in wonderful countryside with marvellous friends, this was living with a capital L.” Don completed the Challenge in 12 hours 51 minutes.

In the Results:

Bacup 10K – 1V40 John Calvert, 1V50 Harry Manning

Burnley FB 7 – 1 Roger Brewster; 1V40 D.Wilson.

Latrigg FR – 1L Cheryl Cook

Weets – 1V40 Roger Hargreaves; 1V45 Barry Mitchell; 1V50 Ron Hill.

Barrowford Show – 1L Alison Smith (Dugdale); 1V55 Jack Betney

Tour of Pendle – 1V60 Brian Leathley

Langdale – 1L Cheryl Cook

15 years ago (Nov 1996)

- As part of the 75th Anniversary celebrations next year there was to be a 'Week of Athletics' in May – Tuesday Fell Race at Barley; Wednesday XC at Bowley; Thursday Road at Towneley; Friday Uphill Mile Sabden; Saturday Multi-terrain at Wilsons followed by the Club's Annual Presentation Night at Great Harwood Football Club. In June there was to be a 75 miles club relay over 'The Weaver's Shuttle' and part of 'The Pendle Way' (organisers Martin Brady and Don Barton). Later in the year (November) there was to be a Celebration Dinner at the Dunkenthalgh Hotel, Clayton-le-Moors.
- Wendy Dodds gave us an update on 'Drugs in Sport' – “.... Codeine is no longer banned but certain asthma inhalers need to be declared....Sex testing or gender verification at the Olympics required all women to have been tested. Outside the Olympics IAAF differ, and require men and women to have medical conformation of their gender. I am authorised (yes seriously) to do this and can confirm that some Clem men doing the Wadsworth Trog were verified as men in the showers (even when they don't seem to be on the hills.)” *Male Members be warned if you are doing the same race as Wendy.*

- Brian Leathley wrote a report of his Joss Naylor Challenge. “With all the chattering going on we hardly noticed the climb up Steel Fell....Coming off Great End the support were in such high spirits that they seemed to sprint off and I found myself alone amongst the boulders. Fortunately Pete McDermott heard my yells and came back....Once again many thanks to all those who helped me to have such an enjoyable day out....I must also thank Christine who had more faith in my ability than I had myself and who never complained when I took extra time off from my family duties to put in more training or recces....I was able to give a cheque for £150 to Joss towards his MS appeal fund.”

In the Results:

Monica Shone clocked 33.19 in the LV70 group at Exeter recently – the fastest time ever.

Ribble Valley 10M – 1V55 (67th) Richard Lawson 67.59

Garstang Half Marathon – 1V40 (6th) Peter Butterworth 80.51

10 years ago (Nov 2001)

- Keiran Carr was awarded run of the month for his 1st V50 in the Ben Nevis FR (his fifth consecutive year to take this honour).
- Gwilym Williams reported on his 4 day cycling venture (approx. 265 miles) with Jon Sharples from Salzburg Airport to Nussdorfer Brewery in Vienna (*what some people will do for a beer*). At Willendorf they polished off a “a litre or two of local wine, several black puddings and lots of bread....”
- Marie Jackson (Greenwood) reported on the setting up of a 100 Club – it was intended that the income of £100 per month would be divided into two-thirds in prizes and one-third to Club Funds (*unfortunately it never happened*).
- In the Spotlight this month we had Sandi Browning talking to Mark Burrige after spending most of 1992 in Hospital. Asked about his beginnings in running, he said he had “dabbled” in the sixth form at school encouraged by PE teacher Keith Makinson. He lost interest for 5 or 6 years after leaving school but was persuaded by Keith, now a friend rather than teacher, to join Clayton. Inspirations were Stan Bradshaw (junior), Walt Wilkinson, Vanessa Peacock, and John McGonagle, to mention a few. Mark had done the London Marathon in 2000 in 2.52.57 and would like to get his time under 2.50. When asked if he had a specific diet, Mark replied “Yes, large portions! I blame my wife Anne, she uses recipes that are designed for four people and can’t be bothered calculating the measures for two!”

In the results:-

Stanhill – 1V50 (13th) Pete Booth 37.19; 1V60 (49th) Harry Manning 51.33

In the NW Counties Road Relay at Stanley Park, Blackpool Clayton A were 3rd in 2.02.42 (Winners Salford A 1.57.39); Clayton B 10th 2.10.43; Clayton C 19th 2.17.45; Ladies A were 14th and the B team 28th.

In the FRA Relay in Llanberis the Ladies were 6th; the Men's A were 6th, B team 12th and Vets A 14th.

MILESTONES

Service

Apologies for my error in August when Richard Lawson should have been recorded as having served 55 years – the longest serving full member.

Bill Smith would have reached the 40th year mark this month – RIP

Eric Doorbar	65 years
Bill Hill	65 years
Tom Targett	35 years
Harry Almond	30 years
Thomas Capstick	30 years
Mike Farnworth	30 years
Gifford Kerr	10 years
Dave Mashiter	10 years

Age

1 st	Harrison Baldwin	8 years
1 st	Maxwell Baldwin	8 years
3 rd	Eleanor Root	10 years
8 th	Natalya Irvine	11 years
10 th	David Armstrong	8 years
11 th	Kevin Davies	50 years
12 th	Peter Rapson-Woodstock	65 years
14 th	Marion Wilkinson	70 years
17 th	Daniel Graham	13 years
20 th	Alan Exton	60 years
21 st	Martin Ritson	60 years
26 th	Susan Farnworth	55 years
30 th	Colin Shone	80 years
30 th	Pete McWade	65 years

Winter Training

Tuesday: **Burnley:** 6.30pm Speed session on Widow Hill Industrial Estate. Meet on Ormerod Road (opposite the Fire Station)/Queen's Park BB10 3AA. John Roche will put us through our paces.

Clayton-le-Moors: 6.40pm Speed session on pre-arranged circuits around the local area. Meet at Wilson's Playing Fields, Clayton-le-Moors BB5 5SD.
Organised by Mike Eddleston.

Barley: 6.30pm 'Barley Badgers' meet at the Pendle Inn, Barley BB12 9JX for runs and walks on the fell. Head torch essential. Led by Simon Halliday & Martin Brady.

Thursday: **Burnley:** 6.30pm Track session led by John Roche at Barden Lane Athletics Track, Barden Lane, Burnley BB10 1JQ.

NB: £1.00 charge for use of track.

Great Harwood: 6.30pm Speed session/fartlek on the roads around the town, led by Mike Eddleston. Also off road with headtorches. Meet at The Memorial Park, Church Lane, Gt Harwood BB6 7PT.

CLAYTON-LE-MOORS LADIES TRAINING NIGHTS 2011

03/11/11	Sue Allen	01254 388492
10/11/11	Kath Brady	01282 611523
17/11/11	Judy Ashworth	07743 482695
24/11/11	Christine Leathley	01282 694941
01/12/11	Jean Brown	01200 440880
08/12/11	Lorraine Slater	07901 568717

Contact Linda Bostock 01282 816269 for more information. All runs start at 7 p.m. If you want to host a run please ring Linda. If you have not been for a few weeks please ring to check as venues can change.

All ladies are welcome.

QUESTION:

FELL RUNNER? Want to improve your speed and maintain fitness during the winter?

ROAD RUNNER? Want to improve your endurance in the cold dark months?

ANSWER: CROSS COUNTRY RUNNING

TEN FREE RACES

in the
Red Rose Cross Country League
&
Mid Lancs Cross Country League
at (mainly) local venues.

Just turn up in your Club vest and race for free
(the Club pays your entry fee!)

HAPPY DAYS!

Details of the fixtures and venues are opposite.

Contact the Cross Country Captains:
Dave Edmondson or Irene Roche
or look on the www.redrosecrosscountry.co.uk/ or
www.midlancs.org.uk/ websites for more information.

Let's make a real impact on these Leagues
in the 2011-2012 season.

CROSS COUNTRY FIXTURES 2011-2012

Red Rose Cross Country League

Sat 12th November, Bolton—Leverhulme Park BL2 6EB

Sat 3rd December, Rossendale—Marl Pits BB4 7SW

RACE START TIMES

12.30pm: Under 11 Boys
12.45pm: Under 11 Girls
1.00pm: Under 13 Boys & Girls
1.15pm: Under 15 Boys & Girls
1.35pm: Under 17 Boys & Girls, Junior, Senior, & Veteran Ladies
2.15pm: Junior, Senior, & Veteran Men

Mid Lancs Cross Country League

Sat 26th November 2011, Liverpool—Sefton Park L17 3AL

In conjunction with UKA Cross Challenge: NB: Different start times.

Sat 10th December 2011, Chorley—Astley Park PR7 1NP

Sat 14th January 2012, Hyndburn—Wilson's Playing Fields BB5 5SD

Sat 11th February 2012, Barrow in Furness—Thornccliffe College Grounds
LA14 5QP

Sat 3rd March 2012 Leyland—Worden Park PR25 3DH

RACE START TIMES

12.30pm: Under 11 Girls
12.45pm: Under 11 Boys
1.00pm: Under 13 Girls
1.20pm: Under 15 Girls & Under 13 Boys
1.40pm: Under 15 Boys & U17 Women
2.00pm: Under 17 Men, Junior, Senior & Veteran Women
2.30pm: Junior, Senior & Veteran Men

RESULTS

CROSS COUNTRY

Red Rose Cross Country League

Leigh 8th October

Ladies

1	L	Riches	Leigh	18.39
5	C	Heys		19.35
28	J	Murphy	F35	22.49
30	I	Roche	F50	22.55
49	D	Richards	F45	24.29
95	S	Allen	F50	32.00
	100	Finished		

Teams

1	Leigh	22
2	Rossendale	60
3	Bury	93
4	Clayton	104

Men

1	D	Proctor	Rochdale	31.31
15	G	Shaw		34.40
18	M	Aspinall	1st M50	34.59
24	D	Walker	M40	35.41
29	D	Edmondson	M40	36.17
34	D	Howell		36.39
51	P	Archer	M45	37.48
60	J	Roche	M50	38.34
85	R	Cunliffe	M45	40.16
86	B	Horrocks	M50	40.18
87	P	Booth	1st M60	40.27
90	D	Horrocks	M45	40.30
110	M	Hogan	M40	41.43
122	J	Singleton	M55	42.44
156	M	Eddleston	M55	46.42
158	T	Orrell	1st M70	47.02
160	S	fish	M55	47.24
161	G	Thompson	M60	47.33
173	S	Hartley	M50	48.53
176	R	Hirst	M60	49.12
193	J	McGuire	M55	63.08
	194	Finished		

Teams

1	Rossendale	65
2	Leigh	133
3	Clayton	191

Vet Teams

1	Clayton	49
2	Astley & Tyldsley	62
3	Blackburn	74

MULTI TERRAIN

Kairiegal 8.3K Trail Austria

11th Sept

1	M	Halbach	USA	33.03
45	G	Williams	1st M60	44.30
	91	Ran		

Helen Clitheroe Gold Cowm 5K

14th Sept

1	D	Norman	Alt AC	15.56
9	Helen	Glover Keighley & C		17.46
67	R	Hirst	3rd M60	24.20
91	R	Hill	2nd M70	33.58
	92	Ran		

Langbathsee Lakes Trail 7.2K

18th Sept

1	R	Gruber Saloman RC		24.22
36	K	Shistereder Ebensee RC		30.17
73	G	Williams	M60	36.24
	104	Finished		

Dawn Taylor Cowm Res 5K

27th Sept

1	R	Brown Keighley & C		17.22
5	G	Wilkinson	1st M45	18.02
17	Jaclyn	Davidson Rochdale H		20.16
32	Josh	Graham JM		24.29
33	R	Hirst	2nd M60	24.30
41	Marion	Wilkinson	1st F65	26.15
46	Jodie	Graham JF		28.36
	58	Ran		

ROAD

Hilton 10K

3rd Sept

1	P Lockwood	Wakefield H	32.51
6	Caroline Betmead	F35	
		Blackpool W&F	37.00
35	S Biscoomb	2 nd M55	44.35
	241	Ran	

Accrington 5K

11th Sep

1	J Mahoney	Blackburn HAC	16.05
7	L Aspin	M40	18.08
14	Deborah Gowans	F45	
		Accrington RR	19.54
26	J Toon		22.21
31	R Hirst	2 nd M60	23.38
34	R Chappell	3 rd M60	23.53
40	Marion Wilkinson	1 st F65	26.04
	42	Ran	

Lake Vrnwy Half Marathon

11th Sept

1	B Fish	Blackburn HAC	67.43
30	Claire Martin	Telford AC	78.53
311	T Orrell	1 st M70	99.24
	1351	Ran	

Autumn 5K Blackpool

11th Sept

1	B Quarnby	Blackpool W&F	16.56
5	Caroline Betmead	F35	
		Blackpool W&F	17.59
19	S Biscoomb	3 rd M55	20.38
	62	Ran	

Boggart Chase 10K

18th Sept

1	R Tuddenham	Tod H	35.41
8	Bev Jenkins	Salford H	38.10
95	K O'Brien	M65	56.32
	110	Ran	

Run Preston 10K

25th Sept

1	G Pennington	Preston H	33.32
45	Gemma Adams	Preston H	40.25
80	S Biscoomb	M55	43.16
	710	Finished	

Ron Hill's 73rd 5K Littleborough

22nd Sept

1	I Grime	NEB	15.48
16	T Brewster		18.12
23	Laura Hesketh	1 st F	18.46
25	R Brewster	2 nd M55	18.48
109	Isaac Wilkinson	JM	22.45
110	G Wilkinson	M45	22.46
150	R Hirst	M60	25.18
170	R Hill	2nd M70	27.54
179	Andrea Brewster	F50	29.20
186	J McGuire	M55	29.53
	191	Finished	

Fire Brigade 7M

2nd Oct

1	A Henderson	Strathclyde FB	40.31
4	B Holdsworth		42.47
6	T Brewster		43.24
10	J Roche	1 st M50	44.36
12	Laura Hesketh	1 st F	45.32
19	A Clarkson	3 rd M50	47.30
20	K Dodd	1 st M45	47.36
22	R Briscoe		47.47
27	G Barrett	M45	48.44
29	S White	3 rd M55	49.19
30	K Rickwood		49.31
37	S Biscoomb	M55	50.29
47	B Wildman	M45	51.45
48	M Dobson	M40	52.01
50	Anne-Marie Hodgkiss	1 st F35	52.13
52	J Pickup	M55	52.35
58	Helena Leathley	JF	54.42
76	R Hirst	M60	57.15
84	Jean Knightley	1 st F50	59.52
90	P Cheetham	M60	60.42
93	Marion Wilkinson	1 st F65	61.54
31			

108	A	Carter	M55	69.07
115	Christine	Leathley	2 nd F60	77.01
	118		Finished	

FELL

Saunders Lakeland MM 2-3 July 2011

Wansfell Class

1	A	Whelan & H Whelan	7.10.35
3	P	Thompson & B Thompson	7.34.20

95 Finished
20 MP

Kirkfell Class

1	T	Beasant / D Schorah	9.31.32
16	K	Thompson / J Brown	13.59.01
	42	Finished	
	62	MP ??	

Turnslack 23/07/11

AM 8m 2000ft

1	Tom Addison - Helm Hill MU23	01:05:44
16	Dave Motley M	01:18:27
18	Chris Balderson MV45	01:18:51
24	Neil Worswick MV40	01:20:49
26	Sean Clare MV45	01:21:52
30	Richard Bellaries MV55	01:23:12
45	Andrew Foster MV40	01:29:40
67	David Bate MV40	01:35:36
83	Andrew Graham M	01:44:55
87	Robert Hirst MV60	01:49:03
94	Ron Chappell MV60	01:53:50
99	John Francis MV65	02:13:33
	100	Finished

Pilgrims Cross 10/08/11

BM 6m 1100ft

1	S	Carey - Tod	38.21
5	J	Dugdale	41.37
16	D	Motley	45.17
20	N	Jackson - Preston 1st L	46.14
28	A	Life V40	47.02
37	P	Booth V60	48.24
42	D	Bagot	49.22
43	M	Taylor	49.25
46	D	McMullen V40	49.52
61	R	Briscoe	52.26
66	A	Howarth V50	53.14
80	P	Dugdale V50	55.59
86	G	Thompson V60	57.04
93	S	Fish V50	57.50
103	C	Life LV40	59.31
104	S	Clarke LV40	60.10
106	A	Firth V50	60.38
113	K	Thompson LV50	62.42
	131	Finished incl 19 Ladies	

Burnsall 20/08/11

AS 1.5m 900ft

1	Ted Mason - Wharfedale	00:14:18
10	Jack Dugdale	00:16:13
14	Dave Walker	00:17:29
42	Ralph Baines V40	00:19:48
80	Richard Briscoe	00:22:32
88	Stephen Fish V50	00:23:13
130	Tom Targett V60	00:30:34
	138	Finished
	1	DNF


Shipman Knotts 23/08/11

AS 4m 1300ft

1	G	Greenhow - u/a	34.14
12	F	Hughes - Cambridge 1st L	39.58
17	M	Nutter V40	41.37
20	Peter	Thompson V50	43.30
25	W	Dodds LV60	45.19
33	A	Firth V50	49.27
	43	Finished incl 12 ladies	

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Harrock Hill 24/08/11

BS 5.2m 900ft

1	A Buttery - Rossy	33.12
15	S Parkinson - Chorley 1st L	36.31
53	Peter Thompson V50	40.34
106	B Thompson LV40	45.38
108	S Fish V50	46.00
198 Finished incl 43 ladies		

Pendleton 27/08/11

AS 5m 1500ft

1	M McGoldrick - Wharf	37.14
3	M Wallis V50	39.32
5	D Walker	40.02
6	A Life V40	40.15
8	A McFarlane V40	40.43
10	I Greenwood V40	41.27
15	C Balderson V40	42.52
16	P Booth V60	43.54
18	N Jackson - Preston 1st L	44.07
20	J Holt V60	44.13
21	M Nutter V40	44.14
24	R Baines	44.29
33	I Whigham V40	45.57
35	I Robinson V50	46.41
42	J Pickup V50	48.00
43	W Dodds LV60	48.04
58	S Fish V50	50.34
65	R Nicolson V40	52.56
66	A Firth V50	53.03
68	G Newsham V60	53.53
73	L Lord LV60	55.23
74	R Moore V40	55.26
76	C Life LV40	55.29
78	R Hirst V60	55.50
79	M Frost V50	55.52
82	L Bostock LV50	56.35
85	J Rawlinson LV60	58.18
89	M Thistlethwaite V50	58.25
93	R Chappell V60	59.53
99	J Francis V60	1.03.12
100	K Goss LV60	1.05.18
101 Finished incl 21 ladies		

Arnison Crag 27/08/11**AS 3m 1000ft**

1	M Roberts - Eryri	23.26
13	Peter Thompson V50	31.05
19	B Thompson - 1st L LV40	35.32
27 Finished incl 6 Ladies		

Grasmere Sports 28/08/11**AS 1.5m 900ft**

1	M Donnelly - B'dale	13.24
12	J Dugdale	15.19
17	P Maddams - Keswk 1st L	16.02
58	Peter Thompson V50	19.20
65	M Nutter V40	19.39
69	W Dodds LV60	19.55
120	B Thompson LV40	24.18
148 Finished incl 23 Ladies		

Blackshaw Head Fell Race 03/09/11**BS 5.5m 900ft**

1	B Traviss - Halifax	36.46
5	G Shaw	46.39
16	A Johnson - CVFR 1st L	43.17
44	G Balmer V40	49.48
51	G Newsam V60	51.18
53	N McNamara L	51.38
61	M Frost V50	54.12
66	D Richards LV40	54.49
68	R Hirst V60	56.08
80 Finished incl 19 Ladies		
1	DNF	

RAX Mountain Race - Austria**03/09/11****5.6m 3600ft**

1	D Schneider - Swiss	51.30
95	G Williams V60	96.13
104 Finished		
1 DNF		

Ben Nevis 03/09/11**AM 10m 4400ft**

1	F Wild - Lochaber	1.29.21
11	A Brown	1.42.28
30	J Dugdale	1.51.06
31	A Mudge - Carnethy 1st L	1.51.14
55	G Wilkinson V40	1.56.54
72	D Motley	1.59.07
76	S Halliday V40	2.00.33
87	N Hardiman V40	2.01.41
108	S Whitaker V40	2.05.28
126	A Robinson V50	2.08.29
130	S Clare V40	2.09.05
131	K Carr V60	2.09.14
136	J Sharples V50	2.10.30
155	I Whigham V40	2.14.19
204	W Dodds LV60	2.20.21
214	M Taylor	2.21.28
243	S Bury V50	2.25.08
250	J Brown LV40	2.27.11
261	I Connell V40	2.28.45
269	N Worswick V40	2.30.01
282	A Dugdale V40	2.31.41
297	J Nuttall V60	2.33.53
300	A Firth V50	2.34.26
301	P Browning V50	2.34.38
327	B Savage LV40	2.37.29
328	D Nield V50	2.37.33
360	R Mitchell V50	2.43.10
392	A Graham	2.49.46
412	P Dugdale V50	2.53.46
456	N Horsfall LV50	3.08.07
480 Finished incl 66 Ladies		

Grisedale Horseshoe 03/09/11**AM 10m 5000ft**

1	CARL BELL - Howgill Harriers	1.56.22
27	JACK HOLT	MV60 2.20.32
28	CHRIS BALDERSON	MV45 2.20.43
38	RALPH BAINES	MV40 2.28.29
48	MARK NUTTER	MV45 2.36.49
67	PETER THOMPSON	MV50 2.44.45
77	GRAHAM ECCLES	MV50 2.48.11
	94 Finished	16 DNF

Shelf Moor 04/09/11**As 5.9m 1500ft**

1	S Bailey - Mercia	42.38
17	P Booth	V60 53.16
37	K Storrar - Barnsley 1st L	1.01.40
41	S Fish	V50 1.04.33
46	K Thompson	LV50 1.05.31
	65 Finished incl 10 ladies	

Bradley 04/09/11**BS 3.5m 700ft**

1	T Adams - Ilkley	23.21
26	E Barclay - Ilkley 1st L	30.18
33	P Thompson	V50 31.41
61	B Thompson	LV40 35.06
74	R Hirst	V50 37.54
	91 Finished incl 23 ladies	

Devils Beeftub 10/09/11**AS 2m 750ft****British Championship Race****Mens**

1	M Donnelly - B'dale	19.45
57	Peter Booth	V60 26.25
	98 Finished 3 DNF	

Ladies

1	Pippa Maddams - Keswick	25.01
10	Wendy Dodds	LV60 30.19
	25 Finished	

Hodder Valley 10/09/11**AS 4.4m 1650ft**

1	Richard Mellon Bowland	00:44:43
6	Jack Dugdale	M 00:47:36
7	Alan Life	V40 00:48:24
9	Chris Balderson	V40 00:49:03
14	Ralph Baines	V40 00:51:04
20	Ian Robinson	V50 00:54:05
25	Richard Briscoe	M 00:56:34
26	John Singleton	V50 00:56:49
27	Mark Taylor	M 00:57:28
30	Stephen Fish	V50 00:58:47
32	Robin Nicholson	V40 01:00:04
33	Peter Dugdale	V50 01:00:07
36	Caroline Holden - Helm Hill	1st L 01:00:56
37	Andrew Dugdale	V40 01:01:00
48	Carol Life	F40 01:06:57
49	Robert Hurst	V60 01:08:56
	49 Finished incl 4 ladies	

Lake District Mountain Trial**11/09/11****'O' Medium route 12m 5000ft**

1	John Noblett - WCOC	MV40 03:06:35
5	Wendy Dodds	1st L 03:19:43
26	Jean Brown	13thL 03:54:42
38	Katy Thompson	18thL 04:14:04

57 finished incl 28 Ladies
2 dnf

'O' Full route 16m 7000ft

1	Tom Brunt - Holmfirth	03:37:15
42	Paul Thompson	MV40 05:06:58
	110 Finished	
	11 DNF	

Yorkshireman Off Road Half**Marathon 11/09/11****BL 14.8m 1850ft**

1	Matthew John - Abbey	01:41:28
22	Paul Archer MV40	02:01:56
59	Jeffrey Pickup MV50	02:15:03
	252	Finished
	2	DNF

Yorkshireman Off Road Marathon**CL****26.2m 3000ft**

1	Quentin Lewis - Baildon	03:20:01
6	Colin Shuttleworth MV50	03:55:18
	140	Finished
	6	DNF

Padfield Plum Fair 11/09/11**BS 5.5m 1050ft**

1	C Birchall - Leeds	36.35
54	A Firth V50	52.46
	70	Finished

RAB Mountain Marathon**24-25/09/11****Score Event. Day 1,6hrs.****Day 2,5hrs****Snowdonia**

1	S Watkins - Baildon	700 pts
74	M Nutter/P Thompson	400 pts
	292	Finished
	8	MP

Three Shires 17/09/11**AL 12m/4000ft**

1	C Bell - Howgill		2.00.20
24	D Nuttall V40		2.17.28
48	N Hardiman V40		2.25.01
54	C Balderson V40		2.25.46
67	H Robinson - Amb 1st L		2.29.42
72	P Booth V60		2.31.01
94	W Dodds LV60		2.41.19
124	M Nutter V40		2.47.26
140	J Brown LV40		2.52.57
154	P Hanson V40		2.57.23
162	S Bury V50		2.59.22
191	G Smith		3.05.05
211	B Savage LV40		3.09.31
218	A Firth V50		3.11.00

288 Finished incl 57Ladies

Thieveley Pike 24/09/11**AS 4.25m 1300ft**

1	J Logue - CVFR		34.04
11	A Armstrong V40		39.19
22	N Worswick V40		43.42
29	J Horrocks 1st L		45.29
34	P Dugdale V50		46.29
38	S White V50		47.19
43	R Nicolson V40		49.02
46	L Lord LV60		50.44
50	J Hindle LV50		52.59
54	R Chappell V60		56.08
57	K Goss LV60		59.08

61 Finished incl 11 Ladies

FIXTURES

If you need further details of any of these races, contact Katy Thompson
Tel 01254 772013 Mob. 07940 250888 katy.thompson1@btinternet.com
Road race details are usually on ukresults.net

NOVEMBER'S NAVIGATIONS

- Sat 5th Shepherds Skyline FR BM 1pm 6m/1150' £5 eod
Shepherds Rest Inn, Todmorden (GR945232)
- Sun 6th Through the Villages 8.45m 10.30 am from Dressers Arms,
Wheulton £7 by 25 Oct + £2 eod
Lancaster Half-Marathon 11 am from Salt Ayre Leisure Centre,
Lancaster £12 + £1 eod
Christine Navan Cowm Reservoir 5k 11.30 am from
Cock & Magpie Pub, Cock Hall Lane, Whitworth £4+£1 eod
- Sat 12th Red Rose Cross Country Leverhulme Park, Bolton
Ladies 1.35 pm Men 2.15 pm
Wadsworth Half Trog BM 12 noon from Hare & Hounds, Old Town
GR005280 £5 eod
Dunnerdale FR AS 12 noon 5m/1800' Blacksmiths Arms, Broughton
Mills, Cumbria (GR 223905) £5 – includes food
FRA Presentation Pennine Manor Hotel, Huddersfield. Tickets £15
on sale from cvfr.co.uk from September
- Sun 13th Copeland Chase O event NW Lakes £8 pre-entry copeland-chase.org.uk
- Sat 19th Tour of Pendle FR AL 10.30am 16.8m/4830' £5 to K. Carr (ef on
Clayton website) or £10 eod
Harriers v Cyclists FR CM 2pm 6m/650' Bingleyharriers.co.uk
- Sun 20th Preston 10 10 am from Hutton Grammar School PR4 5SN
£9 + £2 eod
- Sat 26th Mid Lancs XC Sefton Park Liverpool **Ladies 1:20pm Men
2:00pm**
Wesham 10K 11am £8 Online entry at ukresults.net cd 21 Nov
- Sun 27th David Staff Fell Race BS 5.1m/1200' 11.30am from Sunnyhurst
Woods, Darwen £4 eod

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DECEMBER'S DASHING

- Sat 3rd Red Rose XC Marl Pits, Rossendale Ladies 1.35 pm Men 2.15
- Sun 4th Bolton by Bowland FR CM 8m/800' 11.30am from
Bolton by Bowland nr Clitheroe £3 eod
Guys 10, Guys Thatched Hamlet, Bilsborrow, nr 10.30am
Entry online at www.ukresults.co.uk £8 + £1 eod
Sweatshop Santa Saunter Multi-terrain 4.5m 10.30 am from
Sweatshop Chorley £5 + £2 eod
- Sat 10th Mid Lancs XC Astley Park, Chorley Ladies 2 pm Men 2:30 pm
Great Langdale Christmas Pudding Run 1 10k 12 noon
£13! by Dec 4th (but you do get free parking!)
www.greatlangdaleraces.org.uk
- Sun 11th Mytholmroyd Fell Race 7m/1350' 11 am from
Mytholmroyd Community Centre £4 eod
Longridge 7 11am Longridge Civic Hall £8 + £2 eod
Great Langdale Christmas Pudding Run 2 10k 12 noon
see Sat 10th
- Sun 18th Hurst Green Turkey Trail Race 5m 1pm from
Bayley Arms, Hurst Green £5 + £2 eod
Lynne Edmondson Memorial Cowm Reservoir Race approx. 6.7m
11.30 am from Sportsmans Arms, Whitworth £5 + £1 eod
Stoop FR BS 11.30am 5m/800' from Penistone Hill, Haworth
(GR 025364) £3 Also Curly Wurly Junior Quarry Runs
- Sat 24th Rudolf's Red Nose 5 11am Blackpool Fire Station £6 by 18th Dec
- Mon 26th Whinberry Naze FR BS 11.30am 4m/750' from Marl Pits Sports
Centre, Rawtenstall (GR 821230) £3
Boxing Day 10K 11am Worden Park Leyland £8 by 18thDec + £2
eod
Guisborough Woods FR BM 11 am 6m/1000' from Guisborough
RUFC, N Yorks (GR 616155) £6 eod
- Tues 27th Ribble Valley 10K 11 am Edisford Bridge, Clitheroe
£11 by 17th Dec + £2 eod
Hot Toddy Road Race 5.8m 11 am from Todmorden WM Club
Halifax Rd. £4 + £1 eod
Wansfell Fell Race AS 2.5m/1500' from Stockghyll Lane,
Ambleside GR383044 £1 eod
- Sat 31st Auld Lang Syne FR BM 11.30am 6m/900 from Penistone Hill,
nr Haworth (GR 025364) **£4 pre-entry only**

**CLAYTON-LE-MOORS HARRIERS
CAPTAINS
2011-2012**

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